


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1 Daisy Visits</b> 9:15 Exercise Ch 9-1 9:30 Wellness visits 10:30 BINGO Ch 9-1/007 2:00 Painting Act Rm 3:00 Physio GRP 2 3:15 Musical Theatre Ch 9-1 6:00 Movie Night Theater	<b>2 9:15 Exercise Ch 9-1</b> 9:30 Wellness visits 10-11:30 Library Open FPL 10:30 Music Bingo Ch9-1/007 2:00 Ice cream D/R 2:30 Cards for Soldiers 3:00 Physio GRP 3 6:00 Movie Night Theater	<b>3 Daisy Visits</b> 9:15 Yoga Vista Ch 9-1 9:30 Town / Food Meeting 10:30 Cheery Chats FPL 2:00/3:00 Physio GRP 2/1 3:00 Cards for Soldiers 3:30 Friendly Visits Res 6:00 Movie Night Theater	<b>4 9:15 Exercise Ch 9-1</b> 9:30 Wellness visits 10-11:30 Library Open FPL 10:30 BINGO Ch 9-1 / 007 2:00 Bonanza (Residence DR) 3:00 Physio GRP 3 3:30 Piano Olga 6:00 Movie Night Theater	<b>5</b> 9:30 Wellness Visits 10:45 Sing Along Ch 9-1 2:00 2:00 Retro Saturday TV-T 6:00 Movie Night Theater Independent activities provided <b>ROOM</b>
<b>6</b> 9:30 Wellness Visits 10:00 Norval United Worship Ch 9-1 11:00 Holy Cross Ch 9-1 2:00 Living Hope Ch 9-1 2:00 Afternoon Matinee 6:00 Movie Night Theater	<b>7</b> 9:15 Yoga Vista Ch 9-1 9:30 Wellness visits 10:30 BINGO Ch 9-1 /007 2:00 Physio GRP 1 3:15 Vinyl Café Ch 9-1 3:00 Friendly Visits Res 6:00 Movie Night Theater	<b>8 Daisy Visits</b> 9:15 Exercise Ch 9-1 9:30 Wellness visits 10:30 BINGO Ch 9-1/007 2:00 Drumming Circle Act rm 3:00 Physio GRP 2 3:15 Musical Theatre Ch 9-1 6:00 Movie Night Theater	<b>9 9:15 Exercise Ch 9-1</b> 9:30 Wellness visits 10:30 Music Bingo Ch9-1/007 10-11:30 Library Open FPL 2:00 Ice cream D/R 2:30 Christmas Baking 3:00 Physio GRP 3 6:00 Movie Night Theater	<b>10 Daisy Visits</b> 9:15 Yoga Vista Ch 9-1 9:30 Wellness visits 10:30 Cheery Chats FPL 2:00/3:00 Physio GRP 2/1 3:00 Armchair Travel Ch 9-1 5:00 Birthday Bash 6:00 Movie Night Theater	<b>11 9:15 Exercise Ch 9-1</b> 9:30 Wellness visits 10-11:30 Library Open FPL 10:30 BINGO Ch 9-1 / 007 2:00 Bonanza (Residence DR) 3:00 Physio GRP 3 3:30 Piano Olga 6:00 Movie Night Theater	<b>12</b> 9:30 Wellness Visits 10:45 Sing Along Ch 9-1 2:00 2:00 Retro Saturday TV-T 6:00 Movie Night Theater <b>***DR=Dining Room</b>
<b>13</b> 9:30 Wellness Visits 10:00 Norval United Worship Ch 9-1 11:00 Holy Cross Ch 9-1 2:00 Living Hope Ch 9-1 2:00 Afternoon Matinee 6:00 Movie Night Theater	<b>14 Daisy Visits</b> 9:15 Yoga Vista Ch 9-1 9:30 Wellness visits 2:00 Physio GRP 1 2:30 Cookie Decorating ACT 3:15 Vinyl Café Ch 9-1 3:30 Friendly Visits Res 6:00 Movie Night Theater	<b>15 Daisy Visits</b> 9:15 Exercise Ch 9-1 9:30 Wellness visits 10:30 BINGO Ch 9-1/007 2:00 Painting Act Rm 3:00 Physio GRP 2 3:15 Jingle Bell Rock CH 9-1 6:00 Movie Night Theater	<b>16 9:15 Exercise Ch 9-1</b> 9:30 Wellness visits 10-11:30 Library Open FPL 10:30 Music Bingo Ch9-1/007 2:00 Ice cream D/R 2:30 Christmas Baking 3:00 Physio GRP 3 6:00 Movie Night Theater	<b>17 Daisy Visits</b> 9:15 Yoga Vista Ch 9-1 9:30 Wellness visits 10:30 Cherry Chats FPL 2:00/3:00 Physio GRP 2/1 3:00 Armchair Travel Ch 9-1 3:30 Tim Horton's Social DR 6:00 Movie Night Theater	<b>18 ugly x-mas sweater day</b> 9:15 Exercise Ch 9-1 10-11:30 Library Open FPL 10:30 BINGO Ch 9-1 / 007 2:00 Bonanza (Residence DR) 3:00 Physio GRP 3 3:30 Piano Olga 6:00 Movie Night Theater	<b>19</b> 9:30 Wellness Visits 10:45 Sing along Ch— 9-1 2:00 2:00 Retro Saturday TV-T 6:00 Movie Night Theater <b>***FLP= Fireplace</b>
<b>20</b> 9:30 Wellness Visits 10:00 Norval United Worship Ch 9-1 11:00 Holy Cross Ch 9-1 2:00 Living Hope Ch 9-1 2:00 Afternoon Matinee 6:00 Movie Night Theater	<b>21 week of Santa's elves</b> 9:15 Yoga Vista Ch 9-1 9:30 Wellness visits 10:30 BINGO Ch 9-1 /007 2:00 Physio GRP 1 3:15 Vinyl Café Ch 9-1 3:30 Friendly Visits Res 6:00 Christmas Movie Night	<b>22 Daisy Visits</b> 9:15 Exercise Ch 9-1 9:30 Wellness visits 10:30 BINGO Ch 9-1/007 2:00 Drumming Circle Act rm 3:00 Physio GRP 2 3:15 Musical Theatre Ch 9-1 6:00 Christmas Movie Night	<b>23 9:15 Exercise Ch 9-1</b> 9:30 Wellness visits 10-11:30 Library Open FPL 10:30 Music Bingo Ch9-1/007 2:00 Ice cream D/R 2:30 Christmas Baking 3:00 Physio GRP 3 6:00 Christmas Movie Night	<b>24 CHRISTMAS EVE</b> 9:15 Yoga Vista Ch 9-1 10:30 Cheery FPL 2:00 Physio GRP 2 3:00 Physio GRP 1 3:30 Friendly Visits Res 6:00 Christmas Movie Night	<b>25 MERRY CHRISTMAS</b> 9:15 Exercise Ch 9-1 9:30 Wellness visits Church services CH 9-1 10:30 Christmas bingo Ch 9-1 / 007 6:00 Christmas Movie Night	<b>26 BOXING DAY</b> 9:30 Wellness Visits 10:45 Sing along Ch 9-1 2:00 2:00 Retro Saturday TV-T 6:00 Movie Night Theater <b>***ACT RM= ACTIVITY ***</b>
<b>27</b> 9:30 Wellness Visits 10:00 Norval United Worship Ch 9-1 11:00 Holy Cross Ch 9-1 2:00 Living Hope Ch 9-1 2:00 Afternoon Matinee 6:00 Movie Night Theater	<b>28 Daisy Visits</b> 9:15 Yoga Vista Ch 9-1 9:30 Wellness visits 10:30 BINGO Ch 9-1 /007 2:00 Physio GRP 1 3:15 Vinyl Café Ch 9-1 3:30 Friendly Visits Res 6:00 Movie Night Theater	<b>29 Daisy Visits</b> 9:15 Exercise Ch 9-1 9:30 Wellness visits 10:30 BINGO Ch 9-1/007 2:00 Painting Act rm 3:00 Physio GRP 2 3:15 Musical Theatre Ch 9-1 6:00 Movie Night Theater	<b>30 9:15 Exercise Ch 9-1</b> 9:30 Wellness visits 10-11:30 Library Open FPL 10:30 Music Bingo Ch9-1/007 2:00 Ice cream D/R 3:00 Physio GRP 3 3:30 Friendly Visits Res 6:00 Movie Night Theater	<b>31 NEW YEARS EVE</b> Daisy Visits 9:15 Yoga Vista Ch 9-1 10:30 Current Events FPL 2:00 Physio GRP 2 3:00 Physio GRP 1 3:00 New Years Eve party 6:00 Movie Night Theater	<b>RESIDENCE</b> Flower Chrysanthemum Birthstone-Topaz Sagittarius Nov 22—Dec 21	
						Please note this schedule is subject to change. Please wear your mask at all times and wash your hands before and after each activity or dining area